

greetings from the publisher & editor



THE GUIDE TO HEALTH AND HEALING MAGAZINE BECOMES A NON-PROFIT MAGAZINE!

MARRIAGE ANNOUNCEMENT: The Guide to Health and Healing announces its Marriage to The Miracle Fund and... DUAL 2 · 2 Marriage a Miracle

"The Guide" has joined with "The Miracle Fund", a 501 (c)3, non-profit, charitable fund, founded in 1995. "The Miracle Fund" Mission is providing health care to people without access to care, locally and globally. (Please see article on The Miracle Fund on page 4 and Who We Support on page 24)

In addition, we are excited to announce our marriage. Glennis Walters, to Editor, Dr. Stephen J. Smith. Our marriage took place in Hawaii, on December 31st, 2006, as suggested by our "Ayureda Healing Practitioner", Varadaan, who advised as to the most auspicious time and place, in harmony with 'Soul Astrology'. (See Varadaan's Ad on the inside back page)

We, at "The Guide to Health and Healing Magazine," have taken on a new, challenging mission—"The Guide" will donate 100% of all profits to "The Miracle Fund", thus making "The Guide" a unique non-profit health magazine.

"The Miracle Fund" directors have never received any

money for their services or time, devoted to providing health care through "The Miracle Fund". We have now made the same commitment—taking no monies for the administration of "The Guide". All profits, without deduction for the publisher and editor "administrative costs", will be donated to "The Miracle Fund". We are very proud and excited in our newest purpose to maximize all proceeds that can be used to further provide health care for those with no such access.

We would cherish your help! The Miracle Fund would love assistance with publicity on The Miracle Fund, sponsorships, donations, volunteers, etc. We are truly grateful to our advertisers and partners at "The Guide" that continue to make all this happen! "The Guide to Health and Healing" thanks our advertisers, sponsors, and most importantly our readers for your continued support in making this mission a reality!

Glennis Gita (Walters) Smith M.A., & Dr. Stephen J. Smith

letters

Dr. Smith,

I read your thoughtful article about fluoride in The Guide to Health and Healing.

Thank you for your thorough response (to my questions).

I would like to ask you a personal question. I have mercury amalgam fillings (five) that are 30 years old. I would like to replace them with a non mercury substance, but I am not sure if my teeth have room for removal and replacement. Who do you suggest (for a dentist?)

MPK

EDITORS NOTE: I highly recommend Dr. Elliott Higgins at Pearl Street Dental. He does not use any amalgam. He uses composites and a water laser instead of the usual dental drill (therefore does not need anesthetic usually). I have referred him many patients and ALL have given me an extremely positive feedback.

Dear Folks at The Guide to Health and Healing Magazine,

I have enjoyed watching your Magazine evolve. I love the last couple editions and covers! Thank you for your great Magazine. I love it!

*Sincerely Yours,
A Fan in Longmont, CO*

Dear Dr. Smith,

We appreciate your article and wanted to inform

You that we raised our children here in Boulder, CO and as a result of water fluoridation they never had any cavities, unlike myself, and my wife.

*Thanks,
Boulder Natives*

Dear Stephen and Glennis (Editors),

Thank you for your excellent publication. Your recent interviews with pioneers on the journey to awakening were especially informative. It was so refreshing to appreciate Alex Grey's view of the spiritual path being so much more than self indulgence.

For those seeking health and healing, he offered a wonderful moral and ethical insight. He provided an important message: the outcome of introspection and self concern is deep reverence for source and personal commitment toward greater service and community engagement for the sake of humanity and this precious web of life. Thank you for your contribution to strengthening our own community.

Bud Wilson

Dear Editor,

I first found 'The Guide' at the Lafayette Vitamin Cottage and have since seen it everywhere in Boulder. Congratulations on creating such a good looking, informative magazine. The Alex Grey cover was a great choice. The articles were informative and interesting. I look forward to becoming one of your advertisers.

*Patti Middleton
Independent EMC2/AIM Facilitator
www.aimforjoy.com*